



CHRISTINA CLINTON

COACH • SPEAKER • TRUTH-TELLER



Christina is a certified executive coach, intuition teacher, mindfulness practitioner, and communications wayfinder known for her work with the C-Suite, entrepreneurs, and teams.

As a coach and communications executive, Christina has partnered with leaders over the last 27 years to achieve business and leadership success during the most challenging situations, including market shifts, turn-arounds, culture integrations, reorganizations, downsizing, mergers and acquisitions, divestures, and issues and reputation management.

At the same time, she is a champion for employees and believes that career satisfaction, performance, and change are most powerful when driven by self-awareness, mindfulness, life-work balance and embracing generational shifts in the workplace.

She teaches an intuition course called *Clear*, which is available online (for anyone who wants to get to know and strengthen their intuition) and in a blended-learning setting for coaches and executives. She also co-teaches *The Depth Coaching Workshop*, an ICF-approved course for coaches that draws on intuition and depth psychology for executive coaching, life transitions and personal development.

Christina's clients often credit the combination of her global business acumen, emotional intelligence, intuition and Brooklyn street smarts for helping them achieve their goals. They report often feeling grounded, clear and energized about making their next best move.

She loves to travel and her experiences living in Europe, the Middle East, and the US drive much of her curiosity around cultural nuances. She also has a passion for teaching how intuition is being used in both the C-Suite and in life to make successful decisions.

Christina is a Fulbright Fellow (Egypt) and holds a Masters in International Political Economy and Development from Fordham University. She is a Certified Executive Coach by Columbia University, trained in Gestalt's Use of Self as Coach, and also completed Martha Beck's Life Coach Training. She is certified in The Neethling Brain Instruments Assessment that measures left and right brain thinking preferences.

She regularly meditates, believes in the power of device-free moments, and is currently training to be a Master of Reiki, a traditional Japanese technique for self-awareness and stress reduction.

Christina lives in her hometown of Brooklyn, New York, heads to Hawaii whenever possible, and is the fairy godmother to her many nieces and nephews.

mobile +1.347.735.0287

email cc@christinaclinton.com

www.christinaclinton.com